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Rebel fitness guide review & interview | a merry

I've been a fan of Nerd Fitness for quite a while. It combines the things I love most fitness and nerdiness! To start off, let it be known that Steve sent me a
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The Fit Marriage Show welcomes Steve Kamb, founder and Rebel Leader of NerdFitness.com and creator of the Rebel Fitness Guide.

Double product review: rebel fitness guide & abs

Steve includes three major eBooks in the RFG. The Rebel Fitness Guide [40pages], The Rebel Diet Guide [35 pages] and The Rebel Food Fighter [60 pages].

Titsworth and the rebel strength guide contest -

In case you didn't know, I am a big fan of the website Nerd Fitness. Well, last week, Steve Kamb, the man behind Nerd Fitness, and Vic Magary released a new workout

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Two good friends launched two great products recently. Steve Kamb of Nerd Fitness recently launched Rebel Fitness Guide & Patrick Hitches of My Foundation Fitness

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Rebel fitness guide from nerd fitness now

Steve Kamb, my buddy, a guy who has done some great guest posts for AoM, and author of one of my favorite fitness blogs, Nerd Fitness, released his Rebel Fitness

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